

how to draw a person for kids

How to Draw a Person for Kids

Drawing can be an exciting and enjoyable activity for kids, allowing them to express their creativity and imagination. Learning how to draw a person can be a fantastic place to start, as it combines basic shapes and forms with a bit of storytelling. This article will guide you through the process of drawing a person step-by-step, making it fun and easy for children of all ages. Whether you are a parent, teacher, or an aspiring artist yourself, these tips and techniques will help you teach kids how to create their very own drawings of people.

Gather Your Materials

Before diving into the drawing process, it's essential to have the right materials. Here's a simple list of items you'll need:

- Paper: Plain drawing paper or a sketchbook works best.
- Pencils: A variety of pencils (HB, 2B, etc.) for sketching and shading.
- Eraser: A good eraser to correct mistakes.
- Colored Pencils or Markers: For adding color to the drawing.
- Ruler (optional): To help with proportions if needed.

Make sure the workspace is comfortable, well-lit, and free of distractions to encourage focus and creativity.

Understanding the Basic Shapes

Before drawing a person, it's helpful to understand that the human figure can be broken down into simple shapes. This makes it much easier to get started. Here's how to visualize the basic shapes:

1. Head

- Start with a circle for the head. This will serve as the basic outline for the face.

2. Body

- Draw a rectangle or oval below the head for the torso. This shape represents the upper body and chest.

3. Arms

- Use long rectangles for the arms. You can adjust the size based on how you want the arms to be

positioned.

4. Legs

- For the legs, draw two long rectangles or elongated ovals extending from the bottom of the torso. These will represent the thighs and calves.

5. Feet and Hands

- Draw small ovals or triangles for the feet at the bottom of the legs.
- For the hands, smaller ovals or rectangles can be added at the ends of the arms.

By breaking the human figure down into these basic shapes, kids can create a more proportionate and recognizable drawing.

Step-by-Step Drawing Guide

Now that we have our basic shapes, let's go through a step-by-step process of drawing a person.

Step 1: Sketching the Outline

1. Draw the Head: Start with a circle at the top of your paper.
2. Add the Body: Below the head, draw a rectangle or oval for the torso.
3. Draw the Arms: On each side of the torso, sketch two long rectangles for the arms. Position them either straight down or raised, depending on the pose.
4. Sketch the Legs: Below the torso, draw two long rectangles for the legs. Make sure they are spaced apart to represent a stable stance.

Step 2: Adding Features

1. Facial Features: Within the head circle, add two dots for eyes, a small curve for the nose, and a line for the mouth. You can also add eyebrows and ears.
2. Hair: Create a hairstyle by adding curves or spikes on top of the head. Kids can get creative with this part!
3. Hands and Feet: Sketch simple outlines for the hands at the end of the arms and small shapes for the feet.

Step 3: Defining the Shape

1. Refine the Outline: Go over your initial shapes and refine the outlines. Make the torso more rounded, add curves to the arms and legs, and shape the head to match the desired style.
2. Clothing: Draw clothing by adding lines around the torso and legs. You might want to add sleeves, pants, or a dress, depending on what the character is wearing.

Step 4: Adding Details

1. Facial Details: Go back to the face and add more details like pupils, eyelashes, or a smile.
2. Clothing Patterns: You can add stripes, polka dots, or other patterns to the clothing to make it more colorful and fun.
3. Accessories: Consider adding accessories like hats, glasses, or jewelry.

Step 5: Final Touches

1. Outline: Once satisfied with the sketch, use a darker pencil or pen to outline the drawing. This will help to distinguish the character from the sketchy lines.
2. Erase Guidelines: Gently erase any unnecessary guidelines or overlapping lines to clean up the drawing.
3. Coloring: Using colored pencils or markers, fill in the drawing with colors. Encourage kids to use their imagination when choosing colors for skin, hair, clothes, and accessories.

Tips for Making Drawing Enjoyable

To keep the drawing experience fun and engaging, consider the following tips:

- Encourage Creativity: Let kids explore different styles and expressions. Each person can be unique, and this is the perfect time for them to experiment.
- Play Music: A lively atmosphere can stimulate creativity. Play some fun music in the background while drawing.
- Share and Discuss: Once the drawings are complete, have a sharing session where kids can present their artwork. This builds confidence and fosters a sense of community.
- Incorporate Storytelling: Ask kids to come up with a backstory for their character. This adds an extra layer of creativity and makes drawing even more exciting.

Common Mistakes and How to Overcome Them

Even seasoned artists make mistakes, and it's essential to remind kids that errors are part of the learning process. Here are some common mistakes and tips to overcome them:

- Proportions: If the arms or legs look too long or short, encourage kids to observe their own bodies or look at pictures for reference.
- Facial Features: If the face doesn't look right, suggest simplifying the features or using a mirror to understand how expressions work.
- Clothing Shapes: If clothes look awkward, remind them to think about how fabric falls and folds around the body.

Conclusion

Drawing a person is an enjoyable activity that encourages creativity, boosts confidence, and

enhances fine motor skills in kids. By following the step-by-step guide outlined above, children can learn to create their own drawings while understanding the basic shapes that make up the human figure. Remember to keep the process fun and engaging, and don't forget to celebrate their unique creations! Whether it's a simple stick figure or a more detailed character, every drawing is a step towards becoming a better artist. Happy drawing!

Frequently Asked Questions

What are the basic shapes to start drawing a person?

Begin with simple shapes like circles for the head, ovals for the body, and lines for the arms and legs.

How can I make a person's head look more realistic?

Add facial features like eyes, a nose, and a mouth, and remember to use a circle for the head and adjust the proportions.

What can I do to make my drawing look more dynamic?

Try drawing the person in a fun pose, like jumping or running, to add energy to your artwork.

How can I draw hands and feet more easily?

Simplify hands and feet by using basic shapes like rectangles for the palms and triangles for the fingers and toes.

What should I remember about body proportions?

A common guideline is that the average person is about 7-8 heads tall; you can use this to help with sizing.

How can I add details to my character's clothing?

Use lines to indicate folds and creases in the fabric, and consider adding patterns or colors to make the clothing more interesting.

What techniques can I use to draw hair?

Start with the overall shape of the hairstyle, then add strands and texture with quick, flowing lines.

How do I make my drawing look more colorful?

Use colored pencils, markers, or crayons to fill in your drawing, and think about using a variety of colors for different parts.

What is a fun way to practice drawing people?

Try drawing your friends or family members in funny or silly poses to make it more enjoyable!

How can I add personality to my character?

Give your character unique features like glasses, a hat, or specific clothing styles that reflect their personality.

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