

# history of zeta phi beta

## The History of Zeta Phi Beta

**Zeta Phi Beta** is a prominent sorority in the United States, founded on the principles of scholarship, service, sisterhood, and finer womanhood. Established during a time of great social and political upheaval, Zeta Phi Beta has played a crucial role in empowering women, particularly women of color, within the African American community. This article delves into the origins, development, and impact of Zeta Phi Beta throughout its illustrious history.

## Founding and Early Years

Zeta Phi Beta was founded on January 16, 1920, at Howard University in Washington, D.C. The organization was established by five visionary women:

- Arizona Cleaver Stemons
- Fannie Pettie Watts
- Viola Tyler Goings
- Charity Adams Earley
- Peggy K. Johnson

These founders were motivated by a desire to create an organization that not only promoted sisterhood and friendship among women but also contributed to the upliftment of the African American community through service and scholarship.

## Core Principles

The founding members of Zeta Phi Beta were committed to establishing an organization rooted in the following principles:

1. Scholarship: Emphasizing the importance of education and academic excellence.
2. Service: Encouraging members to engage in community service and philanthropy.
3. Sisterhood: Fostering strong bonds among women and creating a supportive network.
4. Finer Womanhood: Promoting standards of excellence in personal conduct and professional achievement.

These principles have guided the sorority's activities and initiatives over the decades,

shaping its identity and mission.

## **Expansion and Growth**

Following its founding, Zeta Phi Beta quickly expanded its reach. Within the first few years, the sorority established chapters at various colleges and universities across the United States, including:

1. Chapter of Zeta Phi Beta Sorority, Inc. at Virginia State University (1921)
2. Chapter at the University of Kansas (1928)
3. Chapter at the University of Maryland (1931)

By the end of the 1930s, Zeta Phi Beta had established a solid national presence, with numerous chapters and a growing membership.

## **National Conventions**

The sorority hosts national conventions every two years, providing an opportunity for members to gather, share ideas, and celebrate achievements. The first national convention took place in 1923 in Washington, D.C., where members discussed strategies for expanding their influence and outreach.

## **Involvement in Social Issues**

Throughout its history, Zeta Phi Beta has been actively involved in addressing social issues affecting the African American community. The organization has taken a strong stance on various topics, including:

- Civil Rights
- Health Awareness
- Education Equity
- Political Engagement

Zeta Phi Beta's commitment to social justice led to collaborations with other civil rights

organizations. During the 1960s, the sorority participated in numerous civil rights marches and initiatives, advocating for equality and social justice.

## Philanthropic Efforts

Philanthropy has always been a cornerstone of Zeta Phi Beta's mission. The sorority initiated several programs aimed at giving back to the community, including:

1. Z-HOPE (Zetas Helping Other People Excel): A program focused on health awareness and education.
2. Adopt-a-School Program: Aimed at improving educational resources and support for underprivileged schools.
3. Scholarship Programs: Providing financial assistance to deserving students pursuing higher education.

These initiatives reflect the sorority's dedication to fostering a sense of community and improving the lives of those it serves.

## International Expansion

In addition to its national growth, Zeta Phi Beta has also expanded internationally. The first international chapter was established in 1975 in the Virgin Islands, marking the beginning of the sorority's global outreach. Today, Zeta Phi Beta has chapters in several countries, including:

- Bahamas
- Germany
- South Korea
- United Kingdom

This international presence has allowed Zeta Phi Beta to promote its values and mission worldwide, connecting women across borders and cultures.

## Notable Achievements and Recognition

Zeta Phi Beta has garnered recognition for its contributions to society and its commitment to excellence. Some of the sorority's notable achievements include:

- Founding of the Stork's Nest: A partnership with the March of Dimes that focuses on

maternal health and infant care.

- Community Service Awards: Recognized for its exceptional service initiatives and volunteerism.

- Leadership Development: Offering workshops and training programs to empower members and promote leadership skills.

These accomplishments highlight the sorority's impact and commitment to making a difference in the community.

## **Contemporary Challenges and Future Directions**

Like many organizations, Zeta Phi Beta faces contemporary challenges, including maintaining relevance in a rapidly changing society and addressing the needs of a diverse membership. To navigate these challenges, the sorority is focusing on:

1. Embracing Technology: Utilizing social media and digital platforms to enhance communication and outreach.
2. Diversity and Inclusion: Ensuring that all voices are heard and represented within the organization.
3. Mentorship Programs: Developing initiatives to support younger members and provide guidance in personal and professional development.

These strategies aim to ensure that Zeta Phi Beta continues to thrive and remain a vital force for change in the community.

## **Conclusion**

The history of Zeta Phi Beta is a testament to the strength, resilience, and commitment of its members. Founded on principles that promote scholarship, service, sisterhood, and finer womanhood, the sorority has made significant strides in empowering women and advocating for social justice. As Zeta Phi Beta looks to the future, its dedication to uplifting the community and fostering leadership among women remains unwavering. With a rich legacy and a forward-thinking approach, Zeta Phi Beta will undoubtedly continue to inspire and impact generations to come.

## **Frequently Asked Questions**

### **What year was Zeta Phi Beta founded?**

Zeta Phi Beta Sorority, Inc. was founded on January 16, 1920.

### **Who were the founders of Zeta Phi Beta?**

The founders of Zeta Phi Beta are Arizona Cleaver Stemmons, Fannie Pettie Watts, Lillie

Burke, and Pearl Anna Neal.

## **What was the primary purpose of founding Zeta Phi Beta?**

Zeta Phi Beta was founded to create a sisterhood that promotes scholarship, service, sisterly love, and finer womanhood among women of color.

## **What significant historical event did Zeta Phi Beta participate in during the 1960s?**

Zeta Phi Beta actively participated in the civil rights movement during the 1960s, advocating for social justice and equality.

## **What is the significance of the color blue and white for Zeta Phi Beta?**

Blue and white are the official colors of Zeta Phi Beta, symbolizing fidelity and purity.

## **How has Zeta Phi Beta contributed to community service?**

Zeta Phi Beta is known for its commitment to community service through various initiatives, including health awareness programs, educational scholarships, and mentoring for youth.

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