

# helly hansen size guide

Helly Hansen Size Guide is essential for anyone looking to purchase outdoor or sailing apparel from this renowned brand. Ensuring the right fit can significantly enhance your experience when engaging in outdoor activities, whether you're sailing, skiing, or hiking. This guide provides a comprehensive overview of Helly Hansen's sizing standards, helping you choose the perfect fit for your next adventure.

## Understanding Helly Hansen Sizing

Helly Hansen has established itself as a leader in the outdoor clothing industry, known for its high-quality materials and innovative designs. The company offers a wide range of products, including jackets, pants, base layers, and footwear. However, understanding their sizing can be somewhat challenging due to the variety of styles and fits available.

## Why Size Matters

When it comes to outdoor activities, the right fit can make a world of difference. Here are a few reasons why proper sizing is crucial:

1. **Comfort:** A well-fitted garment allows for ease of movement, which is vital during physical activities.
2. **Performance:** Proper sizing can enhance performance by minimizing drag and improving aerodynamics.
3. **Insulation:** A correctly sized jacket or layer will trap heat effectively, keeping you warm in cold conditions.
4. **Layering:** Understanding your size helps in layering clothing for varying weather conditions without feeling bulky or restricted.

## Helly Hansen Size Chart

Helly Hansen provides a detailed size chart that includes measurements for different types of clothing. The size chart is typically divided into categories for men, women, and children. Below is a general overview of the size ranges.

### Men's Size Chart

- Small (S): Chest 34-36 inches, Waist 28-30 inches
- Medium (M): Chest 38-40 inches, Waist 32-34 inches
- Large (L): Chest 42-44 inches, Waist 36-38 inches
- X-Large (XL): Chest 46-48 inches, Waist 40-42 inches
- XX-Large (XXL): Chest 50-52 inches, Waist 44-46 inches

## Women's Size Chart

- Extra Small (XS): Bust 30-32 inches, Waist 24-26 inches
- Small (S): Bust 34-36 inches, Waist 26-28 inches
- Medium (M): Bust 38-40 inches, Waist 30-32 inches
- Large (L): Bust 42-44 inches, Waist 34-36 inches
- X-Large (XL): Bust 46-48 inches, Waist 38-40 inches

## Children's Size Chart

- Small (S): Age 4-5 years, Height 39-42 inches
- Medium (M): Age 6-7 years, Height 43-46 inches
- Large (L): Age 8-9 years, Height 47-50 inches
- X-Large (XL): Age 10-12 years, Height 51-54 inches

## How to Measure for the Right Size

To find the perfect size, you should take accurate measurements of your body. Here are the steps to measure yourself correctly:

1. Chest Measurement: Wrap a measuring tape around the fullest part of your chest, making sure the tape is level and snug but not tight.
2. Waist Measurement: Measure around your natural waistline, which is typically just above your belly button.
3. Hip Measurement (for women): Measure around the fullest part of your hips.
4. Inseam Measurement: For pants, measure from the top of your inner thigh down to your ankle.

## Tips for Accurate Measurements

- Ensure that the measuring tape is parallel to the ground.
- Ask someone else to help you for a more accurate measurement.
- Wear form-fitting clothing or no clothing while measuring.

## Fit Types and Styles

Helly Hansen offers various fit types to cater to different preferences and activities. Understanding these fits can help you choose the best garment for your needs.

### Regular Fit

Regular fit is designed for comfort and ease of movement. It provides a classic cut that is neither too tight nor too loose, making it suitable for a variety of outdoor activities.

## Active Fit

Active fit is tailored for those who prioritize performance. This fit is more fitted around the body, allowing for maximum mobility and reducing bulk, making it ideal for high-energy activities like skiing or climbing.

## Relaxed Fit

Relaxed fit offers a looser design, providing extra room for layering or simply for those who prefer a more casual look. It's perfect for leisurely outdoor activities or everyday wear.

## Choosing the Right Product

When selecting Helly Hansen products, consider the following factors to ensure you make the best choice:

1. **Activity:** Identify what activities you'll be engaging in. For example, skiing may require a more fitted jacket, while hiking might be suitable for a relaxed fit.
2. **Layering Needs:** Consider whether you plan to layer your clothing. If so, you may want to size up for additional comfort.
3. **Weather Conditions:** Understand the weather conditions you'll be facing. For colder climates, you might want a snug fit to retain heat, while warmer climates may benefit from a looser fit.

## Return Policies and Exchanges

Even with the best measurements and considerations, sometimes you may end up with the wrong size. Here's what you need to know about Helly Hansen's return policies:

- **30-Day Return Window:** Most products can be returned within 30 days of purchase, provided they are unworn and in original packaging.
- **Exchanges:** If you need a different size or color, exchanges are typically accepted, allowing you to get the right fit without incurring additional shipping fees.
- **Refund Process:** Refunds are usually processed back to the original payment method within a few days after the returned item is received.

## Conclusion

Navigating the Helly Hansen size guide is crucial for anyone looking to invest in high-quality outdoor clothing. Proper sizing can greatly enhance your comfort, performance, and overall experience in various outdoor activities. By understanding the size charts, taking accurate measurements, and considering fit types, you can make informed decisions that best suit your needs. Always remember to check the return policies in case you need to make an exchange or return, ensuring a hassle-free shopping experience.

Whether you are a seasoned adventurer or a casual outdoor enthusiast, finding the right fit with Helly Hansen will keep you comfortable and ready for your next adventure.

## **Frequently Asked Questions**

### **What sizes does the Helly Hansen size guide cover?**

The Helly Hansen size guide covers a range of sizes for men, women, and children, typically including XS to XXL for adults and various sizes for kids.

### **How do I measure myself to find the right Helly Hansen size?**

To find the right size, measure your chest, waist, and hips using a measuring tape, and compare these measurements to the Helly Hansen size chart provided on their website.

### **Are Helly Hansen sizes true to fit?**

Helly Hansen sizes tend to run true to fit, but it's recommended to consult the size guide for specific items as some styles may have a different fit.

### **What should I do if I'm between sizes in the Helly Hansen size guide?**

If you're between sizes, it's generally advisable to choose the larger size for comfort, especially if you plan to wear layers underneath.

### **Where can I find the latest Helly Hansen size guide?**

The latest Helly Hansen size guide can be found on their official website or on product pages of online retailers that sell Helly Hansen products.

### **Does Helly Hansen offer a size guide for specific product categories?**

Yes, Helly Hansen provides specific size guides for different product categories such as jackets, pants, and footwear, as sizing may vary between categories.

### **Can I return or exchange Helly Hansen items if the size doesn't fit?**

Yes, Helly Hansen typically offers a return or exchange policy for items that do not fit, but be sure to check the specific terms and conditions on their website.

## **Helly Hansen Size Guide**

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